



310 N. Franks Ave. Sturgis, MI 49091

**NOW  
HIRING!**

## **FITNESS ASSISTANTS**



**Part Time – Afternoons – Evenings – Weekends**

Responsibilities include: Greeting all users of the fitness rooms upon entering the rooms and providing professional and courteous customer service at all times, assisting members in the implementation of their fitness plans and educating them on the proper use of the fitness machines and weight equipment, monitoring the use of the exercise rooms and multi-purpose courts and the cleaning and general maintenance of the equipment.

### Qualifications:

**Education:** High School graduation or equivalent. Some college level coursework in Exercise Science, Exercise Physiology, Athletic Training or a closely related field is preferred.

**Experience:** Prior customer service experience is required. Prior experience in health, fitness and/or athletics is preferred.

**Physical Requirements:** [This job requires the ability to perform the essential functions contained in this description. These include, but are not limited to, the following requirements. Reasonable accommodations will be made for otherwise qualified applicants unable to fulfill one or more of these requirements]:

- Ability to demonstrate and use a variety of fitness machines and equipment.
- Ability to perform basic weightlifting techniques for demonstrating purposes.
- Ability set-up and tear-down rooms/courts with tables, chairs and other athletic equipment.
- Ability to access all areas of the fitness center.
- Stooping, kneeling and crouching to perform physical activities associated with programs and events.
- Ability to lift various objects, at times, weighing more than 50 lbs.
- Ability to stand for prolonged periods of time to monitor and evaluate the fitness activities of the members.

**Applications available at the Doyle Community Center or online at [www.doylecenter.com](http://www.doylecenter.com)**